

2009 KEES CANADA CUP
Saturday, June 6th, 2009
Saskatoon, Saskatchewan, Canada

EVENT INFO

A new addition to this year's championship is the Breaking Competition which involves three separate events. As a sign of respect for the environment and to ensure equality for all contestants, we will be utilizing padded, re-breakable boards and a specialized board-holding machine. Contestants will be eliminated after three failed attempts in each event. Contestants may enter one, two, or all three events:

Running Flying Side Kick (distance). Contestants will be divided based on the number of competitors and their height

High Jumping Front Kick (height). Contestants will be divided based on the number of competitors and their height

Side/Back Kick (power). Contestants will be divided based on the number of competitors and their weight

Spectator Admission

\$5/person

Children under 10 accompanied by Adult – free

Food Services

All concessions at the competition venue will be open. Many off-site restaurants are within a five minute drive.

Divisions

- Breaking Competition.
- Freestyle Weapons Form. The divisions may be further divided up by weapon type based on the number of participants. The athlete must provide their own weapon and any traditional martial arts weapon may be utilized. The Weapons Poomse must be a maximum of one minute and be comprised of a minimum of 80% weapon techniques. The remaining 20% may be empty-hand and foot techniques.
- Poomse/Form/Pattern. The Poomse competition will be categorized by the specific Poomse/form/pattern that the athlete will be performing, regardless of belt rank.
- Kyorogi/Sparring. Colour and black belt divisions will be established based on age, belt rank and weight. The Executive Ultra division is for competitors 30 years and older.

All Divisions will follow Single-Elimination Format.

Divisions may be adjusted and altered according to the number of participants.

Awards

Beautiful trophies for first, second and third place finishers

Commemorative Participation Certificates for all athletes

Various MVP Awards



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