# 2009 KEES CANADA CUP Saturday, June 6th, 2009 Saskatoon, Saskatchewan, Canada

## RULES

KEES Canada Cup follows the WTF Olympic Style Rules.

The only exception to the Rules is that no face kicks will be allowed in the following sparring divisions:

Colour Belts (children and adults)
Junior Black Belts 12 years old and under
Adult Executive Divisions (30 years and over)

#### Equipment

Athletes must provide and wear ALL sparring equipment including: helmet, shin and arm pads, new-style gloves and socks, chest protector, mouthguards, and groin protectors for male competitors. No sparring equipment will be provided.

#### **Match Duration**

Colour Belt (All Color Belt, Ultra, and Jr. Black Belt 12yrs and under)

All Preliminary Matches: 2 rounds, 1 minute, 30 second rest between rounds. Final Matches Only: 3 rounds, 1 minute, 30 second rest between rounds.

Black Belt (Black Belt 13 to 29yrs)

All Preliminary Matches: 3 rounds, 90 second, 30 second rest between rounds. Final Matches Only: 3 rounds, 90 second, 30 second rest between rounds.

### **ID** badges

All participants (athletes and coaches) must check-in and pick-up their ID cards at the Hilton Garden Inn on Friday, June 5th from 3 – 10 PM. Each participant will be required to show photo identification (driver's license, student card or other official ID) to check-in. ID badges are required to weigh-in. Participants must pick up their own ID badge. No one will be allowed to pick up someone else's ID. **All Credentials Are Non-transferable And Will Be Confiscated If Misused**. Please note: There will be a \$5.00 charge to replace any lost credentials.

## Weigh-In

Every athlete competing in sparring and breaking is required to weigh-in. The weigh-in takes place at the Hilton Garden Inn on Friday, June 5th from 3 – 10 PM. Due to time constraints, only one weigh-in attempt will be allowed for each competitor. The weigh-ins will be utilized to ensure the fairest divisions possible and are not to disqualify any athletes.

#### **Access Restrictions**

Access to the competition floor is restricted to:

i) Competing athletes ii) Accredited coaches iii) Accredited officials iv) Accredited VIPs

# Payment Must Be Received By The Appropriate Deadlines

**Officials:** Each school will be provided with one Coach ID Card and applicable VIP ID Cards, free of charge, provided the proper forms are registered. One additional Coach ID Card for every ten athletes registered will also be provided. If additional Coach ID Cards are requested/required above the one per ten, there will be a \$25 processing fee per coach. Athletes will be allowed to coach other athletes without requiring a separate coach's pass. All coaches must be a minimum of 1st Dan WTF Certified. All officials and individual coaches must submit an application form and adhere to the same registration deadline. Coaches must wear proper attire (e.g. track suit, team uniform or t-shirt, or business suits, shirt and tie). Coaches are not permitted to wear cut-off shorts or ripped jeans.

**Officiating Referees:** All accredited referees and corner judges will receive an honorarium. They will also receive a commemorative tournament t-shirt and have lunch provided. For officiating referees, there will be a mandatory Referee Meeting from 8:00 to 8:30p.m. Friday, June 5th at Kees Taekwondo located at 333 4th Avenue North (Lower Level) Saskatoon, SK.

## **Note**

Positive sportsmanship and conduct must be displayed at all times. There will be a zero-tolerance policy towards acts of disrespect or poor conduct. The organizing committee reserves the right to disqualify, refuse admission or remove anyone who does not abide by the rules

